



## **JUNIOR COACHES APPLICATION PACK**

Thank you for your interest in joining the Hellcats Cheerleaders coaching team. Junior Coaches play a key role in the success of our teams, and this position provides you with the opportunity to share your cheerleading experiences and knowledge with others while giving you the chance to learn new skills as a mentor and instructor.

This pack contains some general information about what is involved and expected of our Junior Coaches.

### **Requirements**

All Junior Coaches must:

- Be in Year 10 at school or above
- Have had at least 2 years cheerleading experience with Hellcats
- Have a passion for cheerleading and a desire to instruct and mentor others
- Be in good academic standing and have a proven track record of good behavior, dedication, focus and determination in training
- Maintain a good attitude throughout the season

### **Your Role**

If you are successful, you will be assigned to one of our classes and given a Main Coach to assist. Your Main Coach will be an adult who has ultimate responsibility and will be your primary point of contact. The Main Coach will decide on the team's goals for the season, what actions or duties will be expected of you, what

part/part's (if any) you will be in charge of creating and any other responsibilities you may have. It will be down to you to ensure that you are supporting your Main Coach and helping the team to meet the goals set.

You will also be assigned to our Junior Coaches Co-ordinator who will mentor you throughout the junior coaching program by supporting and guiding you, helping you develop your "coaching voice" and technical knowledge. The Junior Coaches Co-ordinator will also have regular debriefs and check-ins with you and track your progress.

### **Expectation of Commitment**

Applying for a Junior Coach position comes with the understanding that you are committing yourself and your personal time to volunteer as a member of the Hellcats coaching team. You will be expected to attend all training sessions for the team you are assigned to, unless otherwise approved by your Main Coach. You will also be expected to attend any other sessions or meetings that are required by the Head Coach. You will also be expected to attend a one day BGU Junior Coaches training course (date TBC).



## **APPLICATION FORM**

NAME:

AGE:

SCHOOL YEAR (AS OF SEPTEMBER):

PHONE NUMBER:

EMERGENCY CONTACT NAME:

EMERGENCY CONTACT NUMBER:

PLEASE DETAIL YOUR CHEERLEADING EXPERIENCE:

WHY DO YOU WANT TO BE A JUNIOR COACH?

WHAT SKILLS CAN YOU BRING TO THE COACHING TEAM?

WHAT IS YOUR FAVOURITE THING ABOUT CHEER?

WHAT DO YOU THINK MAKES A GREAT COACH?